

Staying Fit.

After recent knee surgery, Russ Bassett has some nice things to say about doing his rehab at Friends Village.

“As an athlete, I wanted to have an aggressive rehab program; one that would get me back on the road. I’m a bike rider and I usually pedal 60 miles a week.



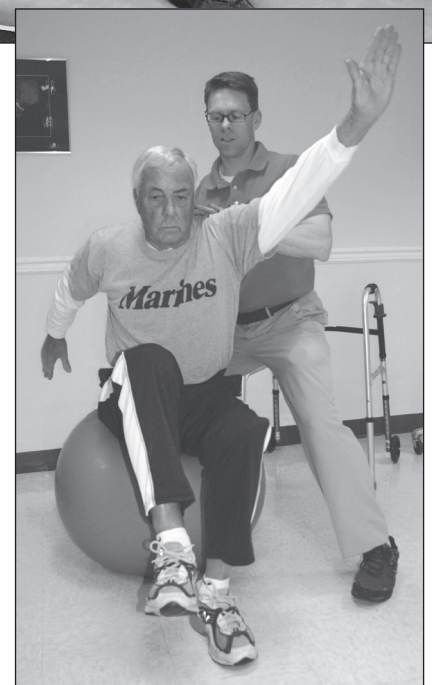
I found the physical therapy program at Friends Village was aggressive and fit my needs. And they were able to accommodate changes in my schedule during the 6 weeks I was there. Initially, I attended therapy in the morning; then I switched to the late afternoon.

The therapists customized the routine to my needs and my abilities. At six and half weeks after my knee surgery, I could ride 15 miles on my bicycle.

I can’t say enough about the staff in the rehab department. During my visits, I was able to observe them with residents of Friends Village. These folks are truly caring and compassionate. They encourage

everyone to do their best and improve their strength so they can regain their mobility and quality of life.

I had heard good things about the rehabilitation services of Friends Village from a friend. I’m so glad I did my physical therapy there.”



**FRIENDS VILLAGE
AT WOODSTOWN**

856-769-1500 www.friendsvillage.org



One Friends Drive, Woodstown, New Jersey, 08098

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